

País: Colombia		Departamento: Antioquia		Municipio: Venecia	
Institución Educativa: San José de Venecia			Nombre del docente: Llefri Nelson Liloy Murillo		
Nombre: Estrategia de apoyo para los procesos de aprendizaje en casa, atendiendo a las recomendaciones del MEN en la prevención y contención del COVID 19					
Grado o Nivel	Área o Asignatura	Tema		Duración	
7º	Inglés	Taller #1 de la página 3 a la 6			
Criterios de desempeño					
Describe, de manera oral, personas, actividades, eventos experiencias personales. Reconoce información específica relacionada con objetos, personas y acciones Expresa de manera sencilla lo que le gusta y disgusta respecto a lo que hace, utiliza códigos no verbales como gestos y entonación, entre otros, Comprende descripciones orales sobre una situación, persona lugar u objeto. Valora la lectura como un mito importante de enriquecimiento personal y académico.					
Actividades					
Ejercicios de lectura, comprensión lectora, razonamiento, ubicación en mapas, dibujos, etc. Las actividades del taller se realizara en el cuaderno de inglés en base a los libros libros way to go\WAY TO GO 7 LIBRO DE TRABAJO.pdf Los estudiantes trabajaran de la página 3 hasta la 11					
Metodología					
Activa participativa que tiene en cuenta el factor flexible en el aprendizaje basado en tareas y talleres. Las actividades del taller se realizara en el cuaderno de inglés las actividades las puedes hallar en la página www.colombiaaprende.edu.co o los estudiantes podrán preguntar sobre la actividad por medio de el Correo lino79.nlm@gmail.com o el WhatsApp 3206588809 para que la metodología sea más efectiva la recomendación es que esas dudas que los estudiantes tenga se responderán en el horario asignado a cada grado.					
Evaluación		Evaluaciones tipo Saber ICFES, análisis y producción de textos, participación activa, trabajos grupales e individuales. Actividades de refuerzo, pruebas orales y escritas, traducciones español _ inglés, inglés_ español.			
Web grafía y/o Bibliografía		Libros way to go/teenagers y páginas web,			

Unit 2

I Can Take Care of My Body

Lesson 1 » Healthy Eating

1. Write the food from the box in the corresponding space.

apples bananas beans bread
broccoli carrots cheese chicken
eggs fish meat milk oil onions
oranges pasta potatoes rice
spinach sweets yogurt



Fats
and
sugar

Protein

Dairy products

Fruit and vegetables

Carbohydrates

2. Read the text and answer the questions.

The food pyramid is a good guide to eating a healthy diet. Carbohydrates are especially good for children and athletes because they can give a lot of energy and fibre. Fruit and vegetables are really good for everyone. They can keep you healthy because they are rich in fibre, vitamins and minerals that prevent many illnesses. Fibre is necessary for good digestion. Dairy products can help you to have strong bones and teeth because they are rich in calcium. Proteins can help your muscles and brain. They are rich in iron. Iron is good for your blood and brain. Fats and sugar are not very beneficial. Some oils like olive oil is good, but too much fat and fried food is unhealthy. The same with sweets: you can only eat a few!

1. Can you reduce illnesses eating fruit and vegetables? Yes, you can.
2. Can carbohydrates help your digestion? _____.
3. Does calcium help to produce strong bones and teeth? _____.
4. Is iron bad for your brain? _____.
5. Are all oils bad for your body? _____.
6. Are sweets good for your health? _____.

Lesson 2 » Be Smart: Do Exercise!

1. Eating healthily is not the only way to be healthy. Match the activities with the effects.

- | | |
|--------------------------|------------------------------|
| 1. Cleaning the house | A. makes you ill. |
| 2. Doing exercise | B. prevents allergies. |
| 3. Eating unhealthy food | C. helps our body work well. |

2. Write sentence using *can*. Use the ideas in exercise 1.

- Cleaning the house can prevent allergies.
- Doing exercise _____.
- Eating unhealthy food _____.
- Being outdoors _____.
- Being indoors _____.

3. What sports or activities can or can't these people do? Use the words from the box.

athlete baseball basketball cycling football swimming

- I can't ride a bike. You can't go cycling.
- I can run very fast. You _____.
- I can jump very high. _____.
- I can't be underwater. _____.
- I can throw the ball very far. _____.
- I can't control the ball with my feet. _____.

4. Think about your own abilities and complete the table. Then write full sentences about yourself.

Can	Can't
	<i>sing</i>

- I can't sing well, but I want to take singing lessons.
- I can _____.
- I can't _____.
- I _____.
- _____.
- _____.

Lesson 3 » Being Clean is Cool and Fun!

1. Use the photos to answer the questions.



1. What do you use to brush your teeth? I use a toothbrush and toothpaste.
2. What do you use to wash your hair? _____
3. What do you use to brush your hair? _____
4. What do you use to smell nice? _____
5. What do you use to cut your nails? _____



2. Complete the survey about you. Write full sentences.

How often do you...	Write full sentences using always, often, sometimes, or never
have a shower?	
brush your teeth?	
wash your hair?	
brush your hair?	
cut your nails?	
use deodorant?	

3. Read about Santiago's hygiene routine. Complete the paragraph with the correct form of the verbs.

Lifestyle

Santiago ¹ lives (live) in a very hot city. For this reason, he ² _____ (have) a shower twice a day (sometimes three times in a day when it is very hot): in the morning before school and when he ³ _____ (arrive) home. Sometimes he ⁴ _____ (have) a shower before going to bed. He also ⁵ _____ (wash) his hair every day because of the temperature. He only ⁶ _____ (brush) his teeth twice a day because he can't do it at school. In hot weather nails grow faster, so he ⁷ _____ (cut) his nails twice a week. So, as you can see, routines can be different for many people!

Check Your Progress

Choose the correct option.

-
- | | |
|--|---|
| 1. Which one is <u>not</u> a vegetable?
a. carrot c. meat
b. broccoli d. spinach | 6. A baseball player____can throw a ball hard.
a. can b. can't |
| 2. Which one is <u>not</u> a protein?
a. fish b. bread c. chicken d. meat | 7. A football player____control a ball with his feet.
a. can't b. can |
| 3. Fibre is good for your____.
a. digestion c. muscles
b. brain d. respiration | 8. You can use____to cut your nails.
a. a hairbrush c. soap
b. deodorant d. nail clippers |
| 4. It's better to eat sweets____.
a. once a month c. once a week
b. every day d. twice a day | 9. You need a____to brush your teeth.
a. a hairbrush c. soap
b. a toothbrush d. deodorant |
| 5. You can find healthy oils in____.
a. hamburgers c. olive oil
b. fries d. butter | 10. You can wash your hands with____.
a. shampoo c. a toothbrush
b. a hairbrush d. soap |
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